
Broccoli-Rice Casserole

Sandee Kimble - Dayton's Rosedale

1993 United Way Cookbook Committee - Dayton's, Marshall Field and Hudson's Stores

1 can (10-3/4 ounce) cream of mushroom soup
1 jar (8 ounce) pasteurized process cheese spread
1 package (10 ounce) frozen broccoli cuts, thawed
1 stalk celery, chopped , if desired
1 cup quick-cooking rice

Preheat the oven to 350 degrees.

In a large bowl, combine the soup and cheese.

Stir in the broccoli, celery and rice. Pour into a greased 1-1/2 quart casserole.

Bake for about 45 minutes.

Side Dishes

Per Serving (excluding unknown items): 136 Calories; 9g Fat (60.3% calories from fat); 3g Protein; 11g Carbohydrate; 1g Dietary Fiber; 2mg Cholesterol; 1067mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Vegetable; 1 1/2 Fat.