

# Glazed Beets

*Cookbook Committee*

*St Timothy's - Hale Schools - Raleigh, NC - 1976*

*3 cups beets (small canned)*  
*1/3 cup orange marmalade*  
*1/2 teaspoon salt*  
*2 tablespoons lemon juice*  
*2 tablespoons butter*  
*dash pepper*  
*dash ginger*

In a saucepan, melt the butter, marmalade, lemon juice, salt, pepper and ginger.

Add the beets. Stir until glazed/

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Per Serving (excluding unknown items): 471 Calories; 23g Fat (41.4% calories from fat); 1g Protein; 73g Carbohydrate; 5g Dietary Fiber; 62mg Cholesterol; 1359mg Sodium. Exchanges: 0 Fruit; 4 1/2 Fat; 4 1/2 Other Carbohydrates.