Roasted Asparagus

debbie Maniscalco Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

fresh asparagus salt pepper olive oil Preheat the oven to 350 degrees.

When working with fresh asparagus, you hold a piece and snap it. Wherever it breaks is where you snap all of them. Throw the stems out unless you intend to make soup.

Place the tops on a baking sheet.. Pour olive oil over the top . Then season to taste with salt and pepper. Toss until well coated.

Bake for 15 to 20 minutes.

They should be lightly browned.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .