

Side Dish

Early-Bird Asparagus Supreme

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Servings: 6

3 pounds fresh asparagus

3 tablespoons butter, melted

1 envelope onion soup mix

1 cup part-skim mozzarella cheese, shredded

Preheat oven to 425 degrees.

Cook the asparagus in boiling water for 3 minutes.

Drain and place in a 13x9-inch baking dish.

Combine the melted butter and soup mix. Drizzle over the asparagus and sprinkle with the mozzarella cheese.

Bake for 10 to 12 minutes or until the asparagus is tender.

Per Serving (excluding unknown items): 122 Calories; 7g Fat (42.8% calories from fat); 6g Protein; 14g Carbohydrate; 5g Dietary Fiber; 16mg Cholesterol; 645mg Sodium. Exchanges: 0 Grain(Starch); 2 Vegetable; 1 Fat.