

Asparagus Casserole II

Mrs T I smith

St Timothy's - Hale Schools - Raleigh, NC - 1976

1 can asparagus, undrained
1 can cream of mushroom
soup
1 can tiny garden peas,
drained
1 can fried onion rings

Preheat the oven to 375 degrees.

Pour the drained peas into a two-quart casserole dish. Add the asparagus and liquid plus the soup. Stir gently to mix.

Place in the oven until bubbly. Sprinkle the onion rings on top. Cover.

Return to the oven for about 10 minutes or until the onions are brown and bubbly.

Per Serving (excluding unknown items): 168 Calories; 11g Fat (59.1% calories from fat); 3g Protein; 14g Carbohydrate; 1g Dietary Fiber; 4mg Cholesterol; 1086mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Vegetable; 2 Fat.