

# Cajun Artichoke Sauce

*www.Publix.com*

*1 jar (6 ounce) marinated  
artichoke hearts, drained  
1/2 cup whipped cream  
cheese  
1 cup mayonnaise  
1/4 cup grated parmesan  
cheese  
1 can (4 ounce) diced green  
chilies  
2 tablespoons Cajun (or  
creole) seasoning.*

Place all of the ingredients in a blender.

Pulse until blended and the desired consistency.

Refrigerate until ready for use.

---

Per Serving (excluding unknown items): 1972 Calories; 222g Fat (95.9% calories from fat); 16g Protein; 6g Carbohydrate; 1g Dietary Fiber; 193mg Cholesterol; 2048mg Sodium. Exchanges: 1 1/2 Lean Meat; 1/2 Vegetable; 22 Fat; 0 Other Carbohydrates.