

# Sweet 'n' Smoky Brisket Sauce

*Sam's Club Ad*

## Yield: 2 1/2 cups

1 1/4 cups apple cider vinegar  
1 cup ketchup  
1/2 cup brown sugar  
1/4 cup Worcestershire sauce  
2 tablespoons unsalted butter  
2 tablespoons taco seasoning mix  
1 1/2 teaspoons cumin (optional)

In a saucepan, combine all of the ingredients.  
Bring to a boil.

Reduce the heat and simmer for 10 minutes.

Allow to cool.

Serve at room temperature.

Start to Finish Time: 20 minutes

Per Serving (excluding unknown items): 833 Calories; 24g Fat (23.6% calories from fat); 5g Protein; 168g Carbohydrate; 3g Dietary Fiber; 62mg Cholesterol; 3863mg Sodium. Exchanges: 1 Fruit; 4 1/2 Fat; 10 Other Carbohydrates.

Sauces and Condiments

## Per Serving Nutritional Analysis

Calories (kcal):	833
% Calories from Fat:	23.6%
% Calories from Carbohydrates:	74.0%
% Calories from Protein:	2.4%
Total Fat (g):	24g
Saturated Fat (g):	14g
Monounsaturated Fat (g):	7g
Polyunsaturated Fat (g):	1g
Cholesterol (mg):	62mg
Carbohydrate (g):	168g
Dietary Fiber (g):	3g
Protein (g):	5g
Sodium (mg):	3863mg
Potassium (mg):	2193mg
Calcium (mg):	196mg

Vitamin B6 (mg):	.3mg
Vitamin B12 (mcg):	trace
Thiamin B1 (mg):	.2mg
Riboflavin B2 (mg):	.3mg
Folacin (mcg):	38mcg
Niacin (mg):	3mg
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Refuse:	n n%

## Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	1
Non-Fat Milk:	0

Iron (mg): 8mg  
Zinc (mg): 1mg  
Vitamin C (mg): 144mg  
Vitamin A (i.u.): 4055IU  
Vitamin A (r.e.): 547 1/2RE

Fat: 4 1/2  
Other Carbohydrates: 10

## Nutrition Facts

### Amount Per Serving

Calories	833	Calories from Fat: 197
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### % Daily Values\*

Total Fat	24g	37%
Saturated Fat	14g	72%
Cholesterol	62mg	21%
Sodium	3863mg	161%
Total Carbohydrates	168g	56%
Dietary Fiber	3g	14%
Protein	5g	

Vitamin A	81%
Vitamin C	240%
Calcium	20%
Iron	47%

\* Percent Daily Values are based on a 2000 calorie diet.