

Golden Sauce (Sauce Dore'e)

*B. Albert (Le Cuisinier Parisien)
The Good Cook Sauces - Time-Life Books*

Yield: 1 1/4 cups

*2 cups meat gravy (made by deglazing
a roasting pan with wine)*

1/3 cup dry white wine

3 tablespoons fresh lemon juice

5 or 6 hard-boiled egg yolks

Boil the gravy together with the white wine until the mixture is reduced to one-half its original volume. Add the lemon juice.

Remove the pan from the heat.

Press the egg yolks through a fine-meshed sieve so that they fall in fine threads into the sauce.

Serve the sauce without reheating.

*This luxurious sauce is suitable for
any roast meat or game.*

Per Serving (excluding unknown items): 64 Calories; 0g Fat (0.0% calories from fat); trace Protein; 5g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 4mg Sodium. Exchanges: 1/2 Fruit.

Sauces and Condiments

Per Serving Nutritional Analysis

| | |
|--------------------------------|-------|
| Calories (kcal): | 64 |
| % Calories from Fat: | 0.0% |
| % Calories from Carbohydrates: | 95.3% |
| % Calories from Protein: | 4.7% |
| Total Fat (g): | 0g |
| Saturated Fat (g): | 0g |
| Monounsaturated Fat (g): | 0g |
| Polyunsaturated Fat (g): | 0g |
| Cholesterol (mg): | 0mg |
| Carbohydrate (g): | 5g |
| Dietary Fiber (g): | trace |
| Protein (g): | trace |
| Sodium (mg): | 4mg |

| | |
|---------------------|-------|
| Vitamin B6 (mg): | trace |
| Vitamin B12 (mcg): | 0mcg |
| Thiamin B1 (mg): | trace |
| Riboflavin B2 (mg): | trace |
| Folacin (mcg): | 6mcg |
| Niacin (mg): | trace |
| Caffeine (mg): | 0mg |
| Alcohol (kcal): | 53 |
| % Refused: | 0.0% |

Food Exchanges

| | |
|-----------------|---|
| Grain (Starch): | 0 |
| Lean Meat: | 0 |
| Vegetable: | 0 |

Potassium (mg): 119mg
Calcium (mg): 10mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 21mg
Vitamin A (i.u.): 9IU
Vitamin A (r.e.): 1RE

Fruit: 1/2
Non-Fat Milk: 0
Fat: 0
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 64 Calories from Fat: 0

% Daily Values*

| | | |
|----------------------------|-------|-----|
| Total Fat | 0g | 0% |
| Saturated Fat | 0g | 0% |
| Cholesterol | 0mg | 0% |
| Sodium | 4mg | 0% |
| Total Carbohydrates | 5g | 2% |
| Dietary Fiber | trace | 1% |
| Protein | trace | |
| Vitamin A | | 0% |
| Vitamin C | | 35% |
| Calcium | | 1% |
| Iron | | 1% |

* Percent Daily Values are based on a 2000 calorie diet.