

Cinco de Mayo Sauce

Chef Alyssa - Aldi Test Kitchen
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1 avocado
1/2 cup fresh asparagus,
cilantro
1/4 cup mayonnaise
1/4 cup plain nonfat Greek
yogurt
1/2 cup Fresco cheese,
crumbled
2 cloves garlic
1 teaspoon chili powder
2 tablespoons lime juice
salt (to taste)
ground black pepper (to
taste)
lime wedges (for garnish)
crumbled Fresco cheese
(for garnish)

In a food processor, combine the avocado, cilantro, mayonnaise, Greek yogurt, Fresco cheese, garlic, chili powder and lime juice.

Process until smooth.

Season to taste with salt and pepper.

Per Serving (excluding unknown items): 758 Calories; 78g Fat (85.0% calories from fat); 7g Protein; 24g Carbohydrate; 8g Dietary Fiber; 19mg Cholesterol; 361mg Sodium. Exchanges: 0 Grain(Starch); 1 Vegetable; 1 Fruit; 10 Fat.