

Chocolate and Peanut Butter Sauce

Ladies Home Journal - Delicious Desserts

1 jar (12 ounce) hot fudge ice cream
sauce
3 tablespoons creamy peanut butter

In a small saucepan, combine the hot fudge
topping and peanut butter.

Stir over medium-low heat until heated through.

Per Serving (excluding unknown
items): 0 Calories; 0g Fat (0.0%
calories from fat); 0g Protein; 0g
Carbohydrate; 0g Dietary Fiber;
0mg Cholesterol; 0mg Sodium.
Exchanges: .

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	0
% Calories from Fat:	0.0%
% Calories from Carbohydrates:	0.0%
% Calories from Protein:	0.0%
Total Fat (g):	0g
Saturated Fat (g):	0g
Monounsaturated Fat (g):	0g
Polyunsaturated Fat (g):	0g
Cholesterol (mg):	0mg
Carbohydrate (g):	0g
Dietary Fiber (g):	0g
Protein (g):	0g
Sodium (mg):	0mg
Potassium (mg):	0mg
Calcium (mg):	0mg
Iron (mg):	0mg
Zinc (mg):	0mg
Vitamin C (mg):	0mg
Vitamin A (i.u.):	0IU
Vitamin A (r.e.):	0RE

Vitamin B6 (mg):	0mg
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	0mg
Riboflavin B2 (mg):	0mg
Folacin (mcg):	0mcg
Niacin (mg):	0mg
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Deficient:	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	0
Other Carbohydrates:	0

Nutrition Facts

Amount Per Serving

Calories	0	Calories from Fat:	0
-----------------	---	--------------------	---

% Daily Values*

Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	0g	0%
Dietary Fiber	0g	0%
Protein	0g	

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.