

# Sloppy Tom Barbecued Sandwiches

*Arlene Hetrick*

*The Pennsylvania State Grange Cookbook (1992)*

## **Servings: 6**

*1 pound ground turkey  
1 small onion, chopped  
2 stalks celery, chopped  
1 green bell pepper,  
chopped  
1/2 cup chili sauce  
1/4 cup tomato paste  
1/4 cup water  
2 teaspoons mustard  
6 sandwich rolls*

In a skillet, brown the turkey with the vegetables, stirring frequently. Drain.

Add the chili sauce, tomato paste, mustard and water. Mix well.

Simmer for 15 minutes.

Serve on rolls.

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Per Serving (excluding unknown items): 141 Calories; 6g Fat (41.1% calories from fat); 14g Protein; 7g Carbohydrate; 2g Dietary Fiber; 60mg Cholesterol; 196mg Sodium. Exchanges: 2 Lean Meat; 1 Vegetable; 0 Fat; 0 Other Carbohydrates.