
Ham On a Bun

Home Cookin - Junior League of Wichita Falls, TX - 1976

Servings: 5

ham slices

Swiss cheese slices

1/2 cup butter

2 tablespoons hot mustard

2 tablespoons finely chopped or grated onion

1 1/2 tablespoons poppy seed

buns or partially sliced bread

Place the ham and cheese slices on a bun or between bread slices.

In a bowl, mix the butter, mustard, onion and poppy seed. Brush the buns with this mixture or pour the mixture over a sandwich loaf. Wrap in foil.

Bake at 250 degrees for 20 minutes or until the cheese is melted.

Sandwiches

Per Serving (excluding unknown items): 163 Calories; 18g Fat (99.5% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber; 50mg Cholesterol; 187mg Sodium. Exchanges: 3 1/2 Fat.