

The Taco Dog

*J. M. Hirsch - Associated Press
Palm Beach Post*

Servings: 4

refried beans

4 hot dog buns

12 tortilla chips, lightly crumbled

4 hot dogs

sliced jalapeno peppers

tomato salsa

sliced black olives

shredded cheddar cheese

Spoon refried beans into the bottom of the hot dog buns.

Lightly crumble about twelve tortilla chips. Sprinkle some of the chips over the refried beans in each bun.

Grill the hot dogs over low heat.

Toast the prepared buns, bun openings facing up, until the beans are heated.

Place a hot dog into each bun.

Top the hot dogs with jalapeno peppers, salsa, black olives and cheddar cheese.

Per Serving (excluding unknown items): 731 Calories; 41g Fat (49.9% calories from fat); 16g Protein; 77g Carbohydrate; 7g Dietary Fiber; 29mg Cholesterol; 1328mg Sodium. Exchanges: 5 Grain(Starch); 1 Lean Meat; 7 1/2 Fat.