

Anchovy-Lemon Butter Tea Sandwiches

50 Tea Sandwiches
Food Network Magazine

1 stick butter, softened
1 tablespoon grated lemon zest
white bread slices
anchovies
sliced tomato
Bibb lettuce

In a bowl, mix the butter and lemon zest.

Spread on the slices of white bread.

Sandwich with the anchovies, sliced tomato and lettuce.

Trim the crusts and cut into quarters.

Per Serving (excluding unknown items): 813 Calories; 92g Fat (99.5% calories from fat); 1g Protein; trace Carbohydrate; 0g Dietary Fiber; 248mg Cholesterol; 937mg Sodium. Exchanges: 18 1/2 Fat.

Sandwiches

Per Serving Nutritional Analysis

Calories (kcal):	813	Vitamin B6 (mg):	0mg
% Calories from Fat:	99.5%	Vitamin B12 (mcg):	.1mcg
% Calories from Carbohydrates:	0.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.5%	Riboflavin B2 (mg):	trace
Total Fat (g):	92g	Folacin (mcg):	3mcg
Saturated Fat (g):	57g	Niacin (mg):	trace
Monounsaturated Fat (g):	27g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	3g	Alcohol (kcal):	0
Cholesterol (mg):	248mg	% Refuse:	n n%
Carbohydrate (g):	trace	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	1g	Lean Meat:	0
Sodium (mg):	937mg	Vegetable:	0
Potassium (mg):	29mg	Fruit:	0
Calcium (mg):	27mg	Non-Fat Milk:	0

Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 0mg
Vitamin A (i.u.): 3468IU
Vitamin A (r.e.): 858 1/2RE

Fat: 18 1/2
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories	813	Calories from Fat: 809
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% Daily Values*

Total Fat	92g	141%
Saturated Fat	57g	286%
Cholesterol	248mg	83%
Sodium	937mg	39%
Total Carbohydrates	trace	0%
Dietary Fiber	0g	0%
Protein	1g	

Vitamin A	69%
Vitamin C	0%
Calcium	3%
Iron	1%

* Percent Daily Values are based on a 2000 calorie diet.