
Green Tomato Slaw

The Essential Southern Living Cookbook

Servings: 6

Start to Finish Time: 10 minutes

2 medium (two cups) green tomatoes, thinly sliced and cut into matchsticks

1 stalk (1/2 cup) celery, thinly sliced

1 small (one cup) sweet onion, thinly sliced

1 small (one cup) red bell pepper, thinly sliced

2 tablespoons fresh flat-leaf parsley, chopped

2 tablespoons olive oil

2 tablespoons white wine vinegar

1 tablespoon granulated sugar

1 1/2 teaspoons Kosher salt

1/2 teaspoon black pepper

In a medium bowl, toss together all of the slaw ingredients.

Salads

Per Serving (excluding unknown items): 32 Calories; trace Fat (4.4% calories from fat); 1g Protein; 7g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 485mg Sodium. Exchanges: 0 Grain(Starch); 1 Vegetable; 0 Fat; 0 Other Carbohydrates.