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# Fool Proof Coleslaw

*Ruth Siegel - New Jersey*

*North American Potpourri - Autism Directory Service, Inc - 1993*

**2 large heads cabbage, grated**  
**1 large cucumber, sliced**  
**1 large green pepper**  
**1 very small onion or green scallion**  
**1/2 cup salad oil**  
**3/4 cup vinegar**  
**1/4 cup water**  
**1/2 cup (slightly less) sugar**  
**4 teaspoons salt**  
**grated carrots**  
**garlic powder (optional)**

In a large bowl, place the grated cabbage.

In another bowl, combine the cucumber, green pepper, onion, salad oil, vinegar, water, sugar, salt, carrots and garlic powder, if using. Mix well. Pour the mixture over the cabbage.

Marinate the coleslaw

## Salads

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*Per Serving (excluding unknown items): 1492 Calories; 110g Fat (63.6% calories from fat); 6g Protein; 136g Carbohydrate; 9g Dietary Fiber; 0mg Cholesterol; 8572mg Sodium. Exchanges: 5 Vegetable; 22 Fat; 7 1/2 Other Carbohydrates.*