Cabbage Slaw

Cooking Light Magazine

Servings: 6

Preparation Time: 15 minutes Start to Finish Time: 15 minutes

4 cups cabbage
1 1/2 cups radishes, thinly sliced
1/2 cup green onions, diagonally sliced
3 tablespoons olive oil
2 tablespoons fresh lemon juice
1/3 cup fresh mint, chopped
1/2 teaspoon salt
1/4 teaspoon ground red pepper

Combine cabbage, radishes, green onions, olive oil and lemon juice in a bowl; toss well.

Sprinkle with mint, salt and red pepper.

Per Serving (excluding unknown items): 87 Calories; 7g Fat (69.4% calories from fat); 1g Protein; 6g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 198mg Sodium. Exchanges: 0 Grain(Starch); 1 Vegetable; 0 Fruit; 1 1/2 Fat.