Sesame Spinach Salad

Lynda Moorman

Tifton Gazzette - The Great Tifton Taste-Off 2002

2 bags spinach

1 carton cherry tomatoes, halved

2 boiled eggs, chopped

1 pound lean bacon, cooked and crumbled

1 carton mushrooms, sliced

2 tablespoons butter

1/2 cup sesame seeds

1/4 cup powdered parmesan cheese

Dressing Ingredients

1/2 cup mayonnaise

1 tablespoon vinegar

2 tablespoons minced onion

1/4 teaspoon garlic salt

1 cup sour cream

1 tablespoon sugar

3/4 teaspoon salt

Combine spinach, cherry tomatoes, boiled eggs, bacon, and mushrooms. Chill well.

In a skillet, melt butter and add sesame seeds. Cook over low heat, browning sesame seeds lightly.

Add the parmesan cheese. Allow mixture to cool and add 3/4 of it to salad.

For salad dressing: Combine ingredients in small mixing bowl. Just before serving, toss salad with the dressing. Place remaining sesame seed mixture on top of salad.

Per Serving (excluding unknown items): 1977 Calories; 201g Fat (86.6% calories from fat); 24g Protein; 46g Carbohydrate; 11g Dietary Fiber; 203mg Cholesterol; 3152mg Sodium. Exchanges: 1 Grain(Starch); 1 Lean Meat; 1 Vegetable; 1/2 Non-Fat Milk; 28 1/2 Fat; 1 Other Carbohydrates.