

Salad

Pear Salad with Sesame Vinaigrette

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Servings: 6

1 package (10 oz) hearts of Romaine salad mix

3 pears, sliced

8 ounces fresh mozzarella cheese, sliced

3/4 cup sesame ginger vinaigrette

1 package (3 3/4 oz) oven-roasted sliced almonds

Divide the salad mix among six plates.

Top with the pears and mozzarella cheese.

Drizzle with the vinaigrette.

Sprinkle with the sliced almonds.

Serve.

Per Serving (excluding unknown items): 49 Calories; trace Fat (5.5% calories from fat); trace Protein; 13g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: 1 Fruit.