Garden Fresh Seafood Cocktail

Teri Rasey - Cadillac, MI Taste of Home Grandma's Favorites

Yield: 6 cups

3/4 pound (31-40 per lb) peeled and deveined cooked shrimp, thawed 1 container (8 ounce) refrigerated jumbo lump crabmeat, drained 3 ribs celery, chopped 1 medium cucumber, peeled, seeded and chopped 1 medium sweet orange pepper, chopped 2 plum tomatoes, seeded and chopped 1/2 cup red onion, finely chopped 1 to 2 jalapeno peppers, seeded and finely chopped 1/4 cup fresh cilantro, minced 3 tablespoons lime juice 1 tablespoon olive oil 2 1/4 teaspoons adobo seasoning

Preparation Time: 15 minutes

In a bowl, combine the shrimp, crabmeat, celery, cucumber, pepper, tomatoes, onion, jalapenos and cilantro.

In another bowl, whisk together the lime juice, olive oil and adobo seasoning. Drizzle the mixture over the shrimp mixture and toss gently to coat.

Refrigerate for at least one hour, tossing gently every 20 minutes.

Place the shrimp mixture in cocktail glasses.

Per Serving (excluding unknown items): 252 Calories; 15g Fat (48.0% calories from fat); 5g Protein; 30g Carbohydrate; 8g Dietary Fiber; 0mg Cholesterol; 127mg Sodium. Exchanges: 5 Vegetable; 1/2 Fruit; 2 1/2 Fat.