

Beverage

Watermelon Daiquiries

Southern Living Best Barbecue Recipes - June 2011

Preparation Time: 20 minutes

Freezing Time: 8 minutes

4 cups watermelon, seeded and cubed

1/3 cup light rum

1/2 cup orange juice

2 tablespoons orange liqueur

4 teaspoons powdered sugar

2 teaspoons fresh lime juice

Place the watermelon in a zip-top plastic freezer bag.

Seal the bag and freeze for eight hours.

In a blender or food processor, process the watermelon, rum, orange juice, orange liqueur, powdered sugar and lime juice until smooth, stopping to scrape down sides as needed.

Serve immediately.

Yield: 3 cups

Per Serving (excluding unknown items): 554 Calories; 3g Fat (7.4% calories from fat); 5g Protein; 78g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 14mg Sodium. Exchanges: 4 Fruit; 1/2 Other Carbohydrates.