

# Vodka Punch

Mrs. Maurice Julius Wilson

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

## Servings: 125

8 cans (6 ounce ea) frozen lemon juice

12 cans (12 ounce ea) frozen orange juice

10 cans (32 ounce ea) pineapple juice

4 to 6 fifths vodka (80 proof)

6 to 8 cans (20 ounce ea) pineapple chunks (optional)

6 to 8 quarts club soda

Prepare the frozen juices as directed on the cans.

Mix together the lemon juice, orange juice, pineapple juice, vodka and pineapple chunks.

Refrigerate or keep as cold as possible until ready to serve.

Pour over a large block of ice.

Garnish with very thin slices of lemon speared with sprigs of fresh mint.

Add the club soda just before serving.

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Per Serving (excluding unknown items): 15 Calories; trace Fat (3.7% calories from fat); trace Protein; 4g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit.

Beverages

## Per Serving Nutritional Analysis

Calories (kcal):	15	Vitamin B6 (mg):	trace
% Calories from Fat:	3.7%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	93.0%	Thiamin B1 (mg):	trace
% Calories from Protein:	3.3%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	6mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	0.0%

**Carbohydrate (g):** 4g  
**Dietary Fiber (g):** trace  
**Protein (g):** trace  
**Sodium (mg):** 1mg  
**Potassium (mg):** 41mg  
**Calcium (mg):** 5mg  
**Iron (mg):** trace  
**Zinc (mg):** trace  
**Vitamin C (mg):** 7mg  
**Vitamin A (i.u.):** 3IU  
**Vitamin A (r.e.):** 1/2RE

## Food Exchanges

**Grain (Starch):** 0  
**Lean Meat:** 0  
**Vegetable:** 0  
**Fruit:** 0  
**Non-Fat Milk:** 0  
**Fat:** 0  
**Other Carbohydrates:** 0

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## Nutrition Facts

Servings per Recipe: 125

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### Amount Per Serving

**Calories** 15 **Calories from Fat:** 1

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#### % Daily Values\*

<b>Total Fat</b>	trace	0%
Saturated Fat	trace	0%
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	1mg	0%
<b>Total Carbohydrates</b>	4g	1%
Dietary Fiber	trace	0%
<b>Protein</b>	trace	

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<b>Vitamin A</b>		0%
<b>Vitamin C</b>		12%
<b>Calcium</b>		0%
<b>Iron</b>		0%

*\* Percent Daily Values are based on a 2000 calorie diet.*