

The Velvet Rope

Palm Beach Post

Servings: 1

1 1/2 ounces Grey Goose "Le Poiré" vodka
 1/4 ounce elderflower liqueur
 1/2 ounce fresh lemon juice
 3/4 ounce fresh ruby red grapefruit juice
 1/2 ounce simple syrup (see recipe under Beverages/ Alcoholic)

Place all of the ingredients in a cocktail shaker and shake well.

Strain into a martini glass.

Garnish with an orchid blossom.

Per Serving (excluding unknown items): 4 Calories; 0g Fat (0.0% calories from fat); trace Protein; 1g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	4	Vitamin B6 (mg):	trace
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	95.8%	Thiamin B1 (mg):	trace
% Calories from Protein:	4.2%	Riboflavin B2 (mg):	trace
Total Fat (g):	0g	Folacin (mcg):	2mcg
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Daily Value*	0.0%
Carbohydrate (g):	1g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	trace	Vegetable:	0
Potassium (mg):	18mg	Fruit:	0
Calcium (mg):	1mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0

Zinc (mg): trace
Vitamin C (mg): 7mg
Vitamin A (i.u.): 3IU
Vitamin A (r.e.): 1/2RE

Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 4 Calories from Fat: 0

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium trace	0%
Total Carbohydrates 1g	0%
Dietary Fiber trace	0%
Protein trace	

Vitamin A	0%
Vitamin C	11%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.