

Super Moist Chocolate Mayo Cake

Unilever.com

Servings: 12

1 box chocolate cake mix
1 cup water
3 eggs
1 cup mayonnaise
1 teaspoon ground cinnamon
(optional)

Preparation Time: 5 minutes

Cook Time: 30 minutes

In a bowl, beat the ingredients for 2 minutes.

Pour the batter into a cake pan.

Bake according to package directions.

Per Serving (excluding unknown items): 278 Calories; 21g Fat (65.5% calories from fat); 4g Protein; 22g Carbohydrate; 1g Dietary Fiber; 59mg Cholesterol; 368mg Sodium. Exchanges: 0 Lean Meat; 2 1/2 Fat; 1 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	278	Vitamin B6 (mg):	.1mg
% Calories from Fat:	65.5%	Vitamin B12 (mcg):	.2mcg
% Calories from Carbohydrates:	29.7%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	4.8%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	21g	Folacin (mcg):	24mcg
Saturated Fat (g):	4g	Niacin (mg):	trace
Monounsaturated Fat (g):	7g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	9g	Alcohol (kcal):	0
Cholesterol (mg):	59mg	% Refused:	n n%
Carbohydrate (g):	22g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0
Protein (g):	4g	Lean Meat:	0
Sodium (mg):	368mg	Vegetable:	0
Potassium (mg):	121mg	Fruit:	0
Calcium (mg):	55mg	Non-Fat Milk:	0
Iron (mg):	2mg	Fat:	2 1/2
Zinc (mg):	trace	Other Carbohydrates:	1 1/2

Vitamin C (mg): 0mg
Vitamin A (i.u.): 113IU
Vitamin A (r.e.): 28RE

Nutrition Facts

Servings per Recipe: 12

Amount Per Serving

Calories 278 **Calories from Fat:** 182

% Daily Values*

Total Fat 21g	33%
Saturated Fat 4g	18%
Cholesterol 59mg	20%
Sodium 368mg	15%
Total Carbohydrates 22g	7%
Dietary Fiber 1g	3%
Protein 4g	
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Vitamin A	2%
Vitamin C	0%
Calcium	5%
Iron	9%

* Percent Daily Values are based on a 2000 calorie diet.