

Beverages

Sunshine Punch

www.splenda.tastebook.com

Servings: 8

Start to Finish Time: 5 minutes

2 cups cold water

2 cups orange juice, chilled

1 cup Splenda no calorie sweetener

1 package (0.13 ounce) KOOL-Aid tropical punch flavor unsweetened soft drink mix

1 liter diet lemon-lime soda or diet ginger ale, chilled

In a pitcher, combine the water, orange juice, sweetener, and KOOL-Aid mix, stirring until the sweetener dissolves.

Stir in the lemon-lime soda just before serving.

Serve over ice.

Garnish, if desired.

Per Serving (excluding unknown items): 28 Calories; trace Fat (3.9% calories from fat); trace Protein; 6g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 1/2 Fruit.