

# Stuffed Apricots

50 No-Bake Treats  
Food Network Magazine

2 ounces almond paste  
2 tablespoons mascarpone  
2 tablespoons confectioner's sugar  
1 tablespoon butter, room temperature  
1/8 teaspoon almond extract  
1/8 teaspoon vanilla extract  
30 dried apricots

In a bowl, beat with a mixer the almond paste, mascarpone, confectioner's sugar, butter, almond extract and vanilla extract. Spoon the mixture into a piping bag.

Using a paring knife, cut a pocket in about thirty dried apricots.

Pipe the almond-mascarpone filling into the pockets.

Chill until set.

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Per Serving (excluding unknown items): 9704 Calories; 45g Fat (3.7% calories from fat); 147g Protein; 2450g Carbohydrate; 354g Dietary Fiber; 31mg Cholesterol; 512mg Sodium. Exchanges: 2 Grain(Starch); 160 Fruit; 5 1/2 Fat; 1 Other Carbohydrates.

Appetizers

## Per Serving Nutritional Analysis

Calories (kcal):	9704	Vitamin B6 (mg):	6.0mg
% Calories from Fat:	3.7%	Vitamin B12 (mcg):	trace
% Calories from Carbohydrates:	90.8%	Thiamin B1 (mg):	.3mg
% Calories from Protein:	5.5%	Riboflavin B2 (mg):	5.9mg
Total Fat (g):	45g	Folacin (mcg):	443mcg
Saturated Fat (g):	10g	Niacin (mg):	118mg
Monounsaturated Fat (g):	21g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	7g	Alcohol (kcal):	2
Cholesterol (mg):	31mg	% Refuse:	0 0%
Carbohydrate (g):	2450g	<b>Food Exchanges</b>	
Dietary Fiber (g):	354g	Grain (Starch):	2
	147g		0

**Protein (g):**  
**Sodium (mg):** 512mg  
**Potassium (mg):** 53924mg  
**Calcium (mg):** 1856mg  
**Iron (mg):** 184mg  
**Zinc (mg):** 30mg  
**Vitamin C (mg):** 94mg  
**Vitamin A (i.u.):** 282795IU  
**Vitamin A (r.e.):** 28343 1/2RE

**Lean Meat:**  
**Vegetable:** 0  
**Fruit:** 160  
**Non-Fat Milk:** 0  
**Fat:** 5 1/2  
**Other Carbohydrates:** 1

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## Nutrition Facts

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### Amount Per Serving

**Calories** 9704                      **Calories from Fat:** 364

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### % Daily Values\*

<b>Total Fat</b> 45g	69%
Saturated Fat 10g	49%
<b>Cholesterol</b> 31mg	10%
<b>Sodium</b> 512mg	21%
<b>Total Carbohydrates</b> 2450g	817%
Dietary Fiber 354g	1415%
<b>Protein</b> 147g	

<b>Vitamin A</b>	5656%
<b>Vitamin C</b>	156%
<b>Calcium</b>	186%
<b>Iron</b>	1024%

\* Percent Daily Values are based on a 2000 calorie diet.