

Dessert

Strawberry Indulgence

Publix APRONS

Servings: 8

1 quart fresh strawberries, remove stems and cut into bite-size pieces

5 kiwi fruit, peeled and cut into bite-size pieces.

1/4 cup strawberry syrup

1 15-ounce bakery-made angel food cake

3 cups (4 oz) vanilla pudding

whipped topping (optional)

Combine the fruit and syrup. Chill until ready to assemble.

Place the cake on a serving plate. Split by cutting it in half horizontally.

When ready to serve, spread the pudding over the bottom half of the cake.

Spoon one-half of the fruit, reserving the syrup, over the pudding.

Top with the other cake half.

Spoon the remaining fruit, including the syrup, over the top of the cake.

Serve with whipped topping.

Per Serving (excluding unknown items): 107 Calories; 1g Fat (10.8% calories from fat); 2g Protein; 23g Carbohydrate; 3g Dietary Fiber; 3mg Cholesterol; 155mg Sodium. Exchanges: 1 Fruit; 0 Fat; 1/2 Other Carbohydrates.