

# Strawberry Ice Box Cake

Mrs. Joseph D. Guillory

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

## Servings: 8

1 pound vanilla wafers, crushed  
1/2 cup margarine  
1 1/2 cups powdered sugar  
2 large eggs  
1 quart strawberries  
1 cup whipping cream, whipped

Crush the vanilla wafers. Reserve some for topping. Place the remaining wafers in the bottom of a 13x9x2-inch pan.

In a bowl, cream the butter and sugar very well. Add the eggs, one at a time. Mix well. pour over the wafers in the pan.

Slice the strawberries. (Try to always use fresh strawberries.) Spread on top.

Whip the cream. Spread over the top of the strawberries. Be sure to spread the fruit to the edges.

Sprinkle the remaining crumbs on top.

Refrigerate overnight.

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Per Serving (excluding unknown items): 601 Calories; 35g Fat (51.5% calories from fat); 5g Protein; 69g Carbohydrate; 3g Dietary Fiber; 94mg Cholesterol; 337mg Sodium. Exchanges: 0 Lean Meat; 1/2 Fruit; 0 Non-Fat Milk; 6 1/2 Fat; 4 Other Carbohydrates.

Desserts

## Per Serving Nutritional Analysis

Calories (kcal):	601	Vitamin B6 (mg):	trace
% Calories from Fat:	51.5%	Vitamin B12 (mcg):	.2mcg
% Calories from Carbohydrates:	45.2%	Thiamin B1 (mg):	.2mg
% Calories from Protein:	3.3%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	35g	Folacin (mcg):	25mcg
Saturated Fat (g):	12g	Niacin (mg):	2mg

Monounsaturated Fat (g):	15g
Polyunsaturated Fat (g):	5g
Cholesterol (mg):	94mg
Carbohydrate (g):	69g
Dietary Fiber (g):	3g
Protein (g):	5g
Sodium (mg):	337mg
Potassium (mg):	229mg
Calcium (mg):	55mg
Iron (mg):	2mg
Zinc (mg):	trace
Vitamin C (mg):	42mg
Vitamin A (i.u.):	1023IU
Vitamin A (r.e.):	258RE

Caffeine (mg):	0mg
Alcohol (kcal):	0
% Refused:	n n%

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### Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	1/2
Non-Fat Milk:	0
Fat:	6 1/2
Other Carbohydrates:	4

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## Nutrition Facts

Servings per Recipe: 8

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### Amount Per Serving

**Calories** 601 Calories from Fat: 309

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#### % Daily Values\*

<b>Total Fat</b> 35g	54%
Saturated Fat 12g	60%
<b>Cholesterol</b> 94mg	31%
<b>Sodium</b> 337mg	14%
<b>Total Carbohydrates</b> 69g	23%
Dietary Fiber 3g	11%
<b>Protein</b> 5g	
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<b>Vitamin A</b>	20%
<b>Vitamin C</b>	70%
<b>Calcium</b>	5%
<b>Iron</b>	10%

\* Percent Daily Values are based on a 2000 calorie diet.