

# Spicy Cheese Ball

Mrs. Calvin S. Moore

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

## Yield: 2 medium cheese balls

1 package (16 ounce) Cheddar cheese  
2 packages (8 ounce ea) cream cheese  
1 tablespoon chives  
1 wedge (3 to 4 ounce) roquefort cheese  
1 1/2 ounces bourbon whiskey  
Worcestershire sauce (to taste)  
Tabasco sauce (to taste)  
parsley flakes (for garnish) (optional)  
chopped pecans (for garnish) (optional)

Grate the Cheddar cheese. Bring the other cheeses to room temperature.

In a large mixing bowl, mix the cheeses and chives. Add the bourbon, Worcestershire sauce and Tabasco sauce. The mixing can be done by hand or with an electric mixer. This is rather messy.

Chill slightly for one hour or so. Roll into two balls.

These balls may be rolled in either parsley or chopped pecans. (If the balls are to be frozen, do not roll the balls in garnish until they have been thawed.)

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Per Serving (excluding unknown items): 2490 Calories; 234g Fat (83.5% calories from fat); 87g Protein; 16g Carbohydrate; trace Dietary Fiber; 729mg Cholesterol; 4101mg Sodium. Exchanges: 12 1/2 Lean Meat; 0 Vegetable; 39 1/2 Fat.

Appetizers

## Per Serving Nutritional Analysis

Calories (kcal):	2490	Vitamin B6 (mg):	.4mg
% Calories from Fat:	83.5%	Vitamin B12 (mcg):	3.6mcg
% Calories from Carbohydrates:	2.6%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	13.9%	Riboflavin B2 (mg):	2.0mg
Total Fat (g):	234g	Folacin (mcg):	140mcg
Saturated Fat (g):	147g	Niacin (mg):	1mg
Monounsaturated Fat (g):	66g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	8g	Alcohol (kcal):	0
			0.0%

**Cholesterol (mg):** 729mg  
**Carbohydrate (g):** 16g  
**Dietary Fiber (g):** trace  
**Protein (g):** 87g  
**Sodium (mg):** 4101mg  
**Potassium (mg):** 776mg  
**Calcium (mg):** 1933mg  
**Iron (mg):** 7mg  
**Zinc (mg):** 8mg  
**Vitamin C (mg):** 2mg  
**Vitamin A (i.u.):** 9125IU  
**Vitamin A (r.e.):** 2468 1/2RE

**% Daily Values\***

**Food Exchanges**

**Grain (Starch):** 0  
**Lean Meat:** 12 1/2  
**Vegetable:** 0  
**Fruit:** 0  
**Non-Fat Milk:** 0  
**Fat:** 39 1/2  
**Other Carbohydrates:** 0

**Nutrition Facts**

**Amount Per Serving**

**Calories** 2490                      **Calories from Fat:** 2080

**% Daily Values\***

**Total Fat** 234g                      360%  
     Saturated Fat 147g                737%  
**Cholesterol** 729mg                243%  
**Sodium** 4101mg                    171%  
**Total Carbohydrates** 16g            5%  
     Dietary Fiber trace                0%  
**Protein** 87g

**Vitamin A**                            183%  
**Vitamin C**                            3%  
**Calcium**                              193%  
**Iron**                                    39%

*\* Percent Daily Values are based on a 2000 calorie diet.*