

Beverage

Sparkling Sangria

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Servings: 8

Prosecco can be substituted for the cava, if desired.

- 1 cup cherries, pitted and halved**
- 1 cup blueberries**
- 1 cup raspberries**
- 1 cup small strawberries, quartered**
- 1/2 cup (one) nectarine, chopped**
- 1/3 cup brandy**
- 1 cup apricot nectar, chilled**
- 1 bottle (750 ML) cava, chilled**
- mint sprig (for garnish)**

In a large pitcher, combine the cherries, blueberries, raspberries, strawberries, nectarine and brandy.

Chill for at least 2 hours.

Stir in the apricot nectar and wine.

Serve immediately.

Top each beverage with a mint sprig for garnish, if desired.

Yield: 8 one cup servings

Per Serving (excluding unknown items): 71 Calories; trace Fat (5.1% calories from fat); 1g Protein; 12g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 1 Fruit.