

Slow Cooker Chicken and Mushrooms

Gwen
www.SlowCookerKitchen.com

Servings: 8

2 pounds boneless/skinless chicken breast, diced into bite-size pieces
1 medium onion (optional), sliced thin
1 package whole mushrooms (optional)
1 can French Onion soup
1 package French Onion recipe mix
1 to 2 cups chicken stock or broth
2 to 4 tablespoons organic cornstarch
1/4 cup COLD water

Preparation Time: 5 minutes

Slow Cooker Time: 5 hours

Spray the crockpot with nonstick cooking spray.

Place the chicken and vegetables in the crockpot.

In a bowl, mix the canned soup and chicken broth. Pour over the top of the chicken. Sprinkle in the French Onion recipe mix. Stir well.

Cover and cook on LOW for four and one-half to five hours or HIGH for two and one-half to three hours.

(THIRTY MINUTES BEFORE SERVING): In a bowl, mix the cornstarch and COLD water. Pour into the crockpot. Stir.

Cover and cook until thickened.

Serve over rice or pasta.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: .