

Shrimp Party Sandwiches

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River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

Yield: 50 finger sandwiches

1 package (8 ounce) cream cheese, softened

juice of one large lemon

1 small onion, grated

1 stalk celery, minced

salt (to taste)

red pepper (if desired)

Worcestershire sauce (if desired)

1 pound headless boiled shrimp, peeled

buttered round of bread

In a bowl, mash the cream cheese. Add the lemon juice, onion, celery and salt to taste. Red pepper and Worcestershire sauce may be added, if desired.

Break the shrimp into bits.

Stir the shrimp into the mixture.

Let stand one hour.

Spread between buttered rounds of bread.

Per Serving (excluding unknown items): 858 Calories; 81g Fat (83.4% calories from fat); 19g Protein; 17g Carbohydrate; 3g Dietary Fiber; 255mg Cholesterol; 724mg Sodium. Exchanges: 2 1/2 Lean Meat; 2 Vegetable; 15 Fat.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	858	Vitamin B6 (mg):	.3mg
% Calories from Fat:	83.4%	Vitamin B12 (mcg):	1.0mcg
% Calories from Carbohydrates:	7.8%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	8.7%	Riboflavin B2 (mg):	.5mg
Total Fat (g):	81g	Folacin (mcg):	63mcg
Saturated Fat (g):	51g	Niacin (mg):	1mg
Monounsaturated Fat (g):	23g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	3g	Alcohol (kcal):	0
Cholesterol (mg):	255mg	% Refuse:	n n%
Carbohydrate (g):	17g	Food Exchanges	
Dietary Fiber (g):	3g	Grain (Starch):	0

Protein (g): 19g
Sodium (mg): 724mg
Potassium (mg): 565mg
Calcium (mg): 223mg
Iron (mg): 3mg
Zinc (mg): 2mg
Vitamin C (mg): 10mg
Vitamin A (i.u.): 3364IU
Vitamin A (r.e.): 1003RE

Lean Meat: 2 1/2
Vegetable: 2
Fruit: 0
Non-Fat Milk: 0
Fat: 15
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 858 Calories from Fat: 716

% Daily Values*

Total Fat	81g		125%
	Saturated Fat	51g	255%
Cholesterol	255mg		85%
Sodium	724mg		30%
Total Carbohydrates	17g	3g	6%
	Dietary Fiber		11%
Protein	19g		
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Vitamin A			67%
Vitamin C			16%
Calcium			22%
Iron			18%

* Percent Daily Values are based on a 2000 calorie diet.