

Beverage

Salted Caramel

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Boozy milkshake

1 cup vanilla ice cream

1/3 cup caramel sauce

1 shot tequila

whipped cream (for garnish)

sea salt (for garnish)

candied orange peel (for garnish)

In a blender, combine the ice cream, caramel sauce, tequila and three ice cubes.

Blend on medium speed until thick and smooth.

Divide among small glass.

Top with the whipped cream, sea salt and/or candied orange peel for garnish.

Yield: 2 mini shakes

Per Serving (excluding unknown items): 330 Calories; 15g Fat (47.7% calories from fat); 5g Protein; 31g Carbohydrate; 0g Dietary Fiber; 58mg Cholesterol; 106mg Sodium. Exchanges: 3 Fat; 2 Other Carbohydrates.