

Root Beer Cake with Root Beer Frosting

Paula Macri - Gattuso's Bella Cucina
Scripps Treasure Coast Newspapers

1 package German chocolate cake mix

1 1/2 cups root beer soda

1/4 cup vegetable oil

2 large eggs

ROOT BEER FROSTING

1/2 cup butter

7 tablespoons root beer soda

3 tablespoons unsweetened cocoa

1 package (16 ounce) powdered sugar

1 tablespoon vanilla extract

Preheat the oven to 350 degrees.

In a bowl, mix the cake mix, soda, oil and eggs together at low speed until thoroughly moistened.

Pour the batter into a greased and floured 13x9-inch baking pan.

Bake for 30 minutes or until a wooden toothpick comes out clean.

Remove from the heat. Cool for 10 minutes.

Prepare the frosting: In a medium saucepan, stir the butter, root beer and cocoa together over medium heat until the butter melts. Add the powdered sugar and vanilla. Stir together until smooth. Pour the frosting over the cake.

Per Serving (excluding unknown items): 3401 Calories; 191g Fat (49.3% calories from fat); 31g Protein; 410g Carbohydrate; 17g Dietary Fiber; 672mg Cholesterol; 3317mg Sodium. Exchanges: 2 Lean Meat; 37 Fat; 27 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	3401	Vitamin B6 (mg):	.3mg
% Calories from Fat:	49.3%	Vitamin B12 (mcg):	2.0mcg
% Calories from Carbohydrates:	47.1%	Thiamin B1 (mg):	1.0mg
% Calories from Protein:	3.6%	Riboflavin B2 (mg):	1.1mg
Total Fat (g):	191g	Folacin (mcg):	155mcg

Saturated Fat (g): 79g
Monounsaturated Fat (g): 76g
Polyunsaturated Fat (g): 23g
Cholesterol (mg): 672mg
Carbohydrate (g): 410g
Dietary Fiber (g): 17g
Protein (g): 31g
Sodium (mg): 3317mg
Potassium (mg): 1501mg
Calcium (mg): 441mg
Iron (mg): 16mg
Zinc (mg): 3mg
Vitamin C (mg): 0mg
Vitamin A (i.u.): 3966IU
Vitamin A (r.e.): 999RE

Niacin (mg): 6mg
Caffeine (mg): 0mg
Alcohol (kcal): 38
% Refused: n n%

Food Exchanges

Grain (Starch): 0
Lean Meat: 2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 37
Other Carbohydrates: 27

Nutrition Facts

Amount Per Serving

Calories 3401 **Calories from Fat:** 1677

% Daily Values*

Total Fat 191g	294%
Saturated Fat 79g	394%
Cholesterol 672mg	224%
Sodium 3317mg	138%
Total Carbohydrates 410g	137%
Dietary Fiber 17g	67%
Protein 31g	
Vitamin A	79%
Vitamin C	0%
Calcium	44%
Iron	86%

* Percent Daily Values are based on a 2000 calorie diet.