

Rocky Road Cheesecake

Favorite Recipes Magazine - Philadelphia Cream Cheese

Servings: 10

CRUST

1 cup chocolate wafer crumbs
3 tablespoons margarine, melted

FILLING

1 envelope unflavored gelatin
1/4 cup cold water
2 containers (8 ounce ea)
Philadelphia soft cream cheese
3/4 cup sugar
1/3 cup cocoa
1/2 teaspoon vanilla
2 cups miniature marshmallows
1 cup whipping cream, whipped
1/2 cup chopped nuts

Preheat the oven to 350 degrees.

Combine the crumbs and margarine. Press onto the bottom of a nine-inch springform pan. Bake for 10 minutes. Cool.

Soften the gelatin in water. Stir over low heat until dissolved.

Combine the cream cheese, sugar, cocoa and vanilla, mixing at medium speed with an electric mixer until well blended. Gradually add the gelatin, mixing until blended. Fold in the marshmallows, whipping cream and nuts. Pour over the crust. Chill until firm.

Per Serving (excluding unknown items): 275 Calories; 17g Fat (51.7% calories from fat); 3g Protein; 32g Carbohydrate; 2g Dietary Fiber; 33mg Cholesterol; 75mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Non-Fat Milk; 3 Fat; 2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	275	Vitamin B6 (mg):	trace
% Calories from Fat:	51.7%	Vitamin B12 (mcg):	trace
% Calories from Carbohydrates:	44.1%	Thiamin B1 (mg):	trace
% Calories from Protein:	4.2%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	17g	Folacin (mcg):	8mcg
Saturated Fat (g):	7g	Niacin (mg):	trace
Monounsaturated Fat (g):	7g	Caffeine (mg):	7mg
Polyunsaturated Fat (g):	2g	Alcohol (kcal):	1
Cholesterol (mg):	33mg	% Refuse:	0 0%
Carbohydrate (g):	32g		

Food Exchanges

Dietary Fiber (g): 2g
Protein (g): 3g
Sodium (mg): 75mg
Potassium (mg): 105mg
Calcium (mg): 30mg
Iron (mg): 1mg
Zinc (mg): 1mg
Vitamin C (mg): trace
Vitamin A (i.u.): 503IU
Vitamin A (r.e.): 134 1/2RE

Grain (Starch): 0
Lean Meat: 0
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 3
Other Carbohydrates: 2

Nutrition Facts

Servings per Recipe: 10

Amount Per Serving

Calories 275 Calories from Fat: 142

% Daily Values*

Total Fat	17g	26%
Saturated Fat	7g	35%
Cholesterol	33mg	11%
Sodium	75mg	3%
Total Carbohydrates	32g	11%
Dietary Fiber	2g	7%
Protein	3g	

Vitamin A	10%
Vitamin C	0%
Calcium	3%
Iron	4%

* Percent Daily Values are based on a 2000 calorie diet.