

Beverages

Refreshing Iced Mocha Latte

www.splenda.tastebook.com

Servings: 4

Preparation Time: 10 minutes

Start to Finish Time: 8 hours 10 minutes

2/3 cup Splenda no calorie sweetener

2 tablespoons Dutch process cocoa

2 tablespoons instant coffee granules

2 cups boiling water

2 cups fat-free half-and-half, divided

frozen whipped topping (optional for garnish)

chocolate curls (optional for garnish)

In a small bowl, combine the sweetener, cocoa and coffee.

Gradually whisk in the boiling water, whisking until blended.

Stir in one cup of half-and-half.

Pour the mixture into ice cube trays. Freeze for eight hours.

Pour the remaining one cup of half-and-half into the blender.

Gradually add the frozen mocha cubes, blending until smooth.

Serve immediately.

Garnish with chocolate curls and whipped topping, if desired.

Per Serving (excluding unknown items): 6 Calories; 0g Fat (0.0% calories from fat); trace Protein; 1g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 5mg Sodium. Exchanges: 0 Grain(Starch).