

Dessert

Raspberry Key Lime Cheesecake Milkshake

Alison Ladman - For the Associated Press
St. Lucie News Tribune

Servings: 2

Start to Finish Time: 10 minutes

3 ounces cream cheese

1 ounce Key lime juice

1/2 cup fresh raspberries

1 cup vanilla ice cream

1/2 cup light cream

In a blender, combine all of the ingredients.

Blend until smooth.

Serve immediately.

Per Serving (excluding unknown items): 414 Calories; 34g Fat (71.8% calories from fat); 7g Protein; 23g Carbohydrate; 2g Dietary Fiber; 115mg Cholesterol; 202mg Sodium. Exchanges: 1/2 Lean Meat; 0 Fruit; 6 1/2 Fat; 1 Other Carbohydrates.