

Raspberry Iced Coffee

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www.CommunityTable.com

Servings: 2

1/2 cup fresh (or thawed frozen) raspberries
2 tablespoons honey
1 cup strong-brewed coffee
1/2 cup ice
1/4 cup half-and-half whipped cream (for topping)
2 tablespoons chocolate chips (for topping)
raspberries (for topping)

In a bowl, use a fork to mash the raspberries and honey.

Add the coffee and 1/2 cup of ice. Stir to chill.

Fill two glasses with 1/2 cup of ice. Pour the half-and-half into the bottom of each.

Pour the coffee mixture on top, holding the raspberry seeds back with a spoon.

Top with whipped cream. Sprinkle with chocolate chips and raspberries.

Per Serving (excluding unknown items): 64 Calories; 0g Fat (0.0% calories from fat); trace Protein; 17g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	64
% Calories from Fat:	0.0%
% Calories from Carbohydrates:	99.6%
% Calories from Protein:	0.4%
Total Fat (g):	0g
Saturated Fat (g):	0g
Monounsaturated Fat (g):	0g
Polyunsaturated Fat (g):	0g
Cholesterol (mg):	0mg
Carbohydrate (g):	17g
	trace

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	0mg
Riboflavin B2 (mg):	trace
Folacin (mcg):	trace
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Daily Value:	0.0%

Food Exchanges

0
1

Dietary Fiber (g):		Grain (Starch):	
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	3mg	Vegetable:	0
Potassium (mg):	11mg	Fruit:	0
Calcium (mg):	2mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0
Zinc (mg):	trace	Other Carbohydrates:	1
Vitamin C (mg):	trace		
Vitamin A (i.u.):	0IU		
Vitamin A (r.e.):	0RE		

Nutrition Facts

Servings per Recipe: 2

Amount Per Serving

Calories 64 Calories from Fat: 0

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrates 17g	6%
Dietary Fiber trace	0%
Protein trace	
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Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.