

Raspberry Cheesecake Bites

50 No-Bake Treats
Food Network Magazine

4 ounces cream cheese, room temperature
1/2 cup confectioner's sugar
1 tablespoon grated lemon zest
1 tablespoon lemon juice
almond biscuits
raspberry preserves

In a bowl, beat the cream cheese, confectioner's sugar, lemon zest and lemon juice with a mixer until smooth.

Pipe the mixture onto almond biscuits.

Top each biscuit with about 1/2 teaspoon of raspberry preserves.

Per Serving (excluding unknown items): 633 Calories; 40g Fat (55.1% calories from fat); 9g Protein; 64g Carbohydrate; trace Dietary Fiber; 124mg Cholesterol; 336mg Sodium. Exchanges: 1 Lean Meat; 0 Fruit; 7 1/2 Fat; 4 Other Carbohydrates.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	633	Vitamin B6 (mg):	.1mg
% Calories from Fat:	55.1%	Vitamin B12 (mcg):	.5mcg
% Calories from Carbohydrates:	39.6%	Thiamin B1 (mg):	trace
% Calories from Protein:	5.3%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	40g	Folacin (mcg):	17mcg
Saturated Fat (g):	25g	Niacin (mg):	trace
Monounsaturated Fat (g):	11g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	1g	Alcohol (kcal):	0
Cholesterol (mg):	124mg	% Refuse:	n n%
Carbohydrate (g):	64g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	9g	Lean Meat:	1
Sodium (mg):	336mg	Vegetable:	0
Potassium (mg):	156mg	Fruit:	0
Calcium (mg):	92mg	Non-Fat Milk:	0

Iron (mg): 1mg
Zinc (mg): 1mg
Vitamin C (mg): 7mg
Vitamin A (i.u.): 1621IU
Vitamin A (r.e.): 488RE

Fat: 7 1/2
Other Carbohydrates: 4

Nutrition Facts

Amount Per Serving

Calories 633 Calories from Fat: 349

% Daily Values*

Total Fat 40g	61%
Saturated Fat 25g	125%
Cholesterol 124mg	41%
Sodium 336mg	14%
Total Carbohydrates 64g	21%
Dietary Fiber trace	0%
Protein 9g	
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Vitamin A	32%
Vitamin C	12%
Calcium	9%
Iron	8%

* Percent Daily Values are based on a 2000 calorie diet.