

Chicken

Quick Chicken 'N' Noodles

Campbell's Fabulous One-Dish Meals - p18

Preparation Time: 5 hours

Cook Time: 20 hours

In step #5, 1/4 cup finely chopped oil-packed, sun-dried tomatoes may be added with the browned chicken.

1 tablespoon vegetable oil

4 boneless skinless chicken breasts (about 1 lb.)

1 can (10 1/2 oz) condensed chicken broth

3/4 cup water

1/2 teaspoon dried basil leaves, crushed

1/8 teaspoon pepper

2 packages (3 oz ea) Chicken Flavor Ramen Noodle Soup

1 package (10 oz) frozen peas and pearl onions

1/4 teaspoon paprika

In 10-inch skillet, over medium high heat, in hot oil, cook chicken 10 minutes or until browned on both sides.

Remove; Set aside. Spoon off fat.

In same skillet, combine broth, water, basil, and pepper.

Heat to boiling.

Return chicken to skillet. Add noodles and peas. (reserve seasoning packs for another time). Return to boiling.

Reduce heat to low. Cover; cook 5 minutes or until chicken is no longer pink and vegetables are tender, stirring occasionally to separate noodles.

Sprinkle paprika over chicken.

Per Serving (excluding unknown items): 201 Calories; 16g Fat (73.0% calories from fat); 11g Protein; 2g Carbohydrate; trace Dietary Fiber; 3mg Cholesterol; 1577mg Sodium. Exchanges: 0 Grain(Starch); 1 1/2 Lean Meat; 2 1/2 Fat.