

Pomegranate Spritzers

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Servings: 8

1 cup pomegranate syrup
1 bottle (750 ml) fruity white wine
(Riesling or Chardonnay), chilled
1 cup sparkling water, chilled
pomegranate seeds (optional) (for
garnish)
blood orange wedges (optional) (for
garnish)

Add two tablespoons of the pomegranate syrup
to each of eight champagne flutes.

In a 1-1/2 quart pitcher, combine the wine and
sparkling water.

Pour the wine mixture into each glass to serve.

If desired, garnish each with pomegranate seeds
and/or a blood orange wedge.

If desired, add ice to the glasses.

Start to Finish Time: 15 minutes

Per Serving (excluding unknown
items): 0 Calories; 0g Fat (0.0%
calories from fat); 0g Protein; 0g
Carbohydrate; 0g Dietary Fiber;
0mg Cholesterol; 0mg Sodium.
Exchanges: .

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	0	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	0.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	0g		

Food Exchanges

Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	0g	Lean Meat:	0
Sodium (mg):	0mg	Vegetable:	0
Potassium (mg):	0mg	Fruit:	0
Calcium (mg):	0mg	Non-Fat Milk:	0
Iron (mg):	0mg	Fat:	0
Zinc (mg):	0mg	Other Carbohydrates:	0
Vitamin C (mg):	0mg		
Vitamin A (i.u.):	0IU		
Vitamin A (r.e.):	0RE		

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 0 Calories from Fat: 0

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrates 0g	0%
Dietary Fiber 0g	0%
Protein 0g	

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.