

Philadelphia Lemonade Cheesecake Pie

KraftRecipes.com

Servings: 8

1 package (8 ounce) Philadelphia cream cheese, softened
1/2 cup frozen lemonade concentrate, thawed
1 tub (8 ounce) Cool Whip whipped topping, thawed and divided
1 graham cracker pie crust, 9 inch
1 1/2 cups sliced strawberries
2 tablespoons sugar

Preparation Time: 20 minutes

In a medium bowl, beat the cream cheese with a mixer until creamy.

Gradually add the concentrate, beating well after each addition.

Stir in two cups of the Cool Whip.

Spoon the mixture into the pie crust.

Refrigerate for four hours until firm.

Meanwhile, toss the berries with the sugar. Refrigerate until ready to use.

Serve the pie topped with the berries and remaining Cool Whip.

Start to Finish Time: 4 hours 20 minutes

VARIATIONS:

Use pink lemonade concentrate.

Use 1/2 cup EACH of blueberries, raspberries and sliced strawberries.

Per Serving (excluding unknown items): 169 Calories; 8g Fat (39.3% calories from fat); 1g Protein; 25g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 171mg Sodium. Exchanges: 0 Lean Meat; 0 Fruit; 1 1/2 Fat; 1 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	169	Vitamin B6 (mg):	trace
% Calories from Fat:	39.3%	Vitamin B12 (mcg):	trace
% Calories from Carbohydrates:	57.3%	Thiamin B1 (mg):	trace
% Calories from Protein:	3.3%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	8g	Folacin (mcg):	8mcg
Saturated Fat (g):	2g	Niacin (mg):	1mg

Monounsaturated Fat (g): 3g
Polyunsaturated Fat (g): 2g
Cholesterol (mg): 0mg
Carbohydrate (g): 25g
Dietary Fiber (g): 1g
Protein (g): 1g
Sodium (mg): 171mg
Potassium (mg): 78mg
Calcium (mg): 11mg
Iron (mg): 1mg
Zinc (mg): trace
Vitamin C (mg): 18mg
Vitamin A (i.u.): 243IU
Vitamin A (r.e.): 61 1/2RE

Caffeine (mg): 0mg
Alcohol (kcal): 0
% Refused: 0%

Food Exchanges

Grain (Starch): 0
Lean Meat: 0
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 1 1/2
Other Carbohydrates: 1 1/2

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 169 **Calories from Fat:** 66

% Daily Values*

Total Fat 8g			12%
Saturated Fat 2g			8%
Cholesterol 0mg			0%
Sodium 171mg			7%
Total Carbohydrates 25g			8%
Dietary Fiber 1g			5%
Protein 1g			

Vitamin A			5%
Vitamin C			29%
Calcium			1%
Iron			4%

* Percent Daily Values are based on a 2000 calorie diet.