

Peppermint Ice Cream Pie

Edy's Slow-Churned Light Ice Cream

Servings: 8

20 chocolate sandwich cookies, finely crushed

2 tablespoons butter, melted

1 carton (1.5 quarts) Peppermint

Edy's Slow-Churned Light Ice Cream

1 container (8 ounces) frozen whipped topping thawed

small candy canes (optional)

chocolate syrup OR hot fudge sauce (optional)

Preparation Time: 15 minutes

Freeze Time: 3 hours 15 minutes

In a large bowl, combine the cookie crumbs and butter. Press the crumb mixture onto the bottom and sides of a 9-inch pie plate. Freeze for about 15 minutes or until firm. Place the ice cream in the refrigerator for 15 minutes to soften.

Spread the softened light ice cream evenly into the frozen crust. Pipe or spoon the whipped topping around the border of the pie. Arrange candy canes on the top of the pie. Freeze for several hours or until firm.

To serve: Cut the pie into eight wedges. Place on dessert plates and drizzle with chocolate syrup.

A 9-inch prepared chocolate cookie crust can be substituted.

Per Serving (excluding unknown items): 25 Calories; 3g Fat (99.5% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber; 8mg Cholesterol; 29mg Sodium. Exchanges: 1/2 Fat.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	25	Vitamin B6 (mg):	0mg
% Calories from Fat:	99.5%	Vitamin B12 (mcg):	trace
% Calories from Carbohydrates:	0.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.5%	Riboflavin B2 (mg):	trace
Total Fat (g):	3g	Folacin (mcg):	trace
Saturated Fat (g):	2g	Niacin (mg):	trace
Monounsaturated Fat (g):	1g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0
			0.0%

Cholesterol (mg):	8mg
Carbohydrate (g):	trace
Dietary Fiber (g):	0g
Protein (g):	trace
Sodium (mg):	29mg
Potassium (mg):	1mg
Calcium (mg):	1mg
Iron (mg):	trace
Zinc (mg):	trace
Vitamin C (mg):	0mg
Vitamin A (i.u.):	108IU
Vitamin A (r.e.):	27RE

% Daily Values*

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	1/2
Other Carbohydrates:	0

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 25 **Calories from Fat:** 25

% Daily Values*

Total Fat 3g	4%
Saturated Fat 2g	9%
Cholesterol 8mg	3%
Sodium 29mg	1%
Total Carbohydrates trace	0%
Dietary Fiber 0g	0%
Protein trace	
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Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.