

**Appetizers**

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# **Peanut Butter Banana Roll-Ups**

www.peanutbutter.com

**Servings: 4**

**Start to Finish Time: 5 minutes**

**4 slices your favorite bread, crusts removed and flattened, if desired**

**4 tablespoons Skippy creamy or super chunk peanut butter**

**2 medium bananas, cut in half crosswise**

Spread each bread slice with one tablespoon of the peanut butter.

Top with a banana half. Roll up.

Slice, into 1/2-inch rounds, if desired.

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Per Serving (excluding unknown items): 54 Calories; trace Fat (4.2% calories from fat); 1g Protein; 14g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 1 Fruit.