

Beverage

Peachy Keen Daiquiris

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Taste of Home Shortcuts Issue - August/September 2011

Servings: 3

Start to Finish Time: 10 minutes

2 1/2 cups ice cubes

3 medium peaches, peeled and sliced

3/4 cup frozen limeade concentrate, thawed

1/4 cup orange juice

2 tablespoons confectioner's sugar

1/2 cup rum (optional)

grenadine syrup (optional)

In a blender, combine the ice, peaches, limeade concentrate, orange juice, sugar and rum, if desired.

Cover and process for 30 seconds or until smooth.

Pour into chilled glasses.

Add the grenadine, if desired.

Serve immediately.

Per Serving (excluding unknown items): 71 Calories; trace Fat (1.5% calories from fat); 1g Protein; 18g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 6mg Sodium. Exchanges: 1 Fruit; 1/2 Other Carbohydrates.