

Beef

Oven Beef Hash

Better Homes and Gardens All-Time Favorite Casserole Recipes

Servings: 5

2 cups cooked potato, finely chopped
1 can (13 oz) evaporated milk
1 1/2 cups cooked beef, finely chopped
1 1/4 cups (about 30) round crackers, finely crushed
1/2 cup carrot, shredded
1/3 cup onion, finely chopped
1/3 cup parsley, snipped
1 tablespoon Worcestershire sauce
3/4 teaspoon salt
1/8 teaspoon pepper
1/8 teaspoon dried oregano, crushed
1 tablespoon butter or margarine, melted

Preheat oven to 350 degrees.

Lightly stir together oregano, evaporated milk, beef, one cup of crackers, carrot, onion, parsley, Worcestershire sauce, salt, pepper and oregano. Place mixture in a 1 1/2-quart casserole.

Combine remaining crackers and melted butter. Sprinkle on top of casserole.

Bake, uncovered, until heated through, 35 to 40 minutes.

Per Serving (excluding unknown items): 232 Calories; 16g Fat (60.6% calories from fat); 15g Protein; 8g Carbohydrate; 1g Dietary Fiber; 62mg Cholesterol; 470mg Sodium. Exchanges: 0 Grain(Starch); 1 1/2 Lean Meat; 1/2 Vegetable; 1/2 Non-Fat Milk; 2 Fat; 0 Other Carbohydrates.