

Orange Dream Cake

Easy Summer Entertaining (1991)
Kraft General Foods, Inc.

Servings: 12

3/4 cup Miracle Whip®
1 two-layer yellow cake mix
1 envelope Dream Whip whipped
topping mix
3/4 cup orange juice
3 eggs
2 teaspoons grated orange peel
1 1/2 cups powdered sugar
2 tablespoons milk

Preparation Time: 10 minutes

Bake: 40 minutes

Preheat the oven to 350 degrees.

In a bowl, beat the Miracle Whip, cake mix, Dream Whip, juice, eggs and orange peel at medium speed with an electric mixer for 2 minutes. Pour into a greased and floured ten-inch fluted tube pan.

Bake for 35 to 40 minutes or until a wooden pick inserted near the center comes out clean. Cool for 10 minutes. Remove from the pan. Cool completely.

In a bowl, stir together the powdered sugar and milk until smooth. Drizzle over the cake.

Per Serving (excluding unknown items): 156 Calories; 8g Fat (47.8% calories from fat); 2g Protein; 19g Carbohydrate; trace Dietary Fiber; 58mg Cholesterol; 114mg Sodium. Exchanges: 0 Lean Meat; 0 Fruit; 0 Non-Fat Milk; 1 1/2 Fat; 1 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	156	Vitamin B6 (mg):	trace
% Calories from Fat:	47.8%	Vitamin B12 (mcg):	.2mcg
% Calories from Carbohydrates:	47.7%	Thiamin B1 (mg):	trace
% Calories from Protein:	4.5%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	8g	Folacin (mcg):	15mcg
Saturated Fat (g):	1g	Niacin (mg):	trace
Monounsaturated Fat (g):	1g	Caffeine (mg):	0mg

Polyunsaturated Fat (g): trace
Cholesterol (mg): 58mg
Carbohydrate (g): 19g
Dietary Fiber (g): trace
Protein (g): 2g
Sodium (mg): 114mg
Potassium (mg): 53mg
Calcium (mg): 12mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 8mg
Vitamin A (i.u.): 97IU
Vitamin A (r.e.): 26 1/2RE

Alcohol (kcal): 0
% Refuse: 0%

Food Exchanges

Grain (Starch): 0
Lean Meat: 0
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 1 1/2
Other Carbohydrates: 1

Nutrition Facts

Servings per Recipe: 12

Amount Per Serving

Calories 156 Calories from Fat: 74

% Daily Values*

Total Fat	8g	13%
	Saturated Fat 1g	7%
Cholesterol	58mg	19%
Sodium	114mg	5%
Total Carbohydrates	19g	6%
	Dietary Fiber trace	0%
Protein	2g	
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Vitamin A		2%
Vitamin C		14%
Calcium		1%
Iron		2%

** Percent Daily Values are based on a 2000 calorie diet.*