

Chicken

Onion-Topped Chicken

Servings: 4

4 boneless, skinless chicken breast halves
4 medium potatoes, peeled and halved
1 can (10-3/4 oz) condensed cream of chicken soup, undiluted
1 cup (8 oz) sour cream
1 can (2.8 oz) french fried onions

Place chicken in a greased 9-in square baking dish.

Arrange potatoes around chicken.

Combine soup and sour cream; spread over chicken and potatoes.

Bake, uncovered, at 350 degrees for 1 1/4 hours.

Sprinkle with onions; bake 10 minutes longer.

Per Serving (excluding unknown items): 278 Calories; 16g Fat (50.4% calories from fat); 6g Protein; 29g Carbohydrate; 2g Dietary Fiber; 31mg Cholesterol; 531mg Sodium. Exchanges: 2 Grain(Starch); 0 Non-Fat Milk; 3 Fat.