

## **Appetizers**

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# **Mexican Dip**

Riverside Bank (GA) Cookbook

**1 Box (10 Oz) Frozen spinach**  
**1 can Cream of mushroom soup**  
**1/2 loaf Mexican Velveeta cheese**

Thaw spinach, squeezing out excess water. Combine with soup and cheese.

Microwave until hot and bubbly.

Serve with tortilla chips.

Serving Ideas: For a heartier appetizer, add cooked, crumbled sausage.

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Per Serving (excluding unknown items): 167 Calories; 9g Fat (48.7% calories from fat); 7g Protein; 16g Carbohydrate; 5g Dietary Fiber; 2mg Cholesterol; 1148mg Sodium. Exchanges: 1/2 Grain(Starch); 1 1/2 Vegetable; 1 1/2 Fat.