

# Lime Chocolate Swirl Pie

*Sara Jolley*

*Gourmet Eating in South Carolina - (1985)*

*1 tall can evaporated milk*  
*1 package lime jello*  
*1/4 cup sugar*  
*1/2 cup lemon juice*  
*1/2 cup hot water*  
*3 tablespoons butter, melted*  
*1 box chocolate cookies*  
*green food coloring*  
*1 teaspoon lemon rind*

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Chill the milk in the freezer for several hours.

Place the beaters and bowl in the refrigerator to chill.

Dissolve the jello in hot water.. Add the sugar and lemon juice. Chill, but do not jell.

Butter a ten-inch springform pan generously. Stand twelve cookies around the sides.

Crush the remaining cookies. Add butter and place in the bottom of the pan (Reserve some for topping.).

In a bowl, beat the milk at high speed until very stiff, gradually add the gelatin mixture, beating constantly. Add the lemon rind and food coloring (fold in).

Place in the pan and chill for at least four hours.

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Per Serving (excluding unknown items): 869 Calories; 54g Fat (53.6% calories from fat); 18g Protein; 86g Carbohydrate; 1g Dietary Fiber; 167mg Cholesterol; 623mg Sodium. Exchanges: 1 Fruit; 2 Non-Fat Milk; 10 1/2 Fat; 3 1/2 Other Carbohydrates.

Desserts

## Per Serving Nutritional Analysis

<b>Calories (kcal):</b>	869	<b>Vitamin B6 (mg):</b>	.2mg
<b>% Calories from Fat:</b>	53.6%	<b>Vitamin B12 (mcg):</b>	.5mcg
<b>% Calories from Carbohydrates:</b>	38.3%	<b>Thiamin B1 (mg):</b>	.1mg

% Calories from Protein: 8.0%  
 Total Fat (g): 54g  
 Saturated Fat (g): 33g  
 Monounsaturated Fat (g): 16g  
 Polyunsaturated Fat (g): 2g  
 Cholesterol (mg): 167mg  
 Carbohydrate (g): 86g  
 Dietary Fiber (g): 1g  
 Protein (g): 18g  
 Sodium (mg): 623mg  
 Potassium (mg): 930mg  
 Calcium (mg): 682mg  
 Iron (mg): 1mg  
 Zinc (mg): 2mg  
 Vitamin C (mg): 63mg  
 Vitamin A (i.u.): 2326IU  
 Vitamin A (r.e.): 508 1/2RE

Riboflavin B2 (mg): .8mg  
 Folic Acid (mcg): 37mcg  
 Niacin (mg): 1mg  
 Caffeine (mg): 0mg  
 Alcohol (kcal): 0  
 % Refuse: n n%

### Food Exchanges

Grain (Starch): 0  
 Lean Meat: 0  
 Vegetable: 0  
 Fruit: 1  
 Non-Fat Milk: 2  
 Fat: 10 1/2  
 Other Carbohydrates: 3 1/2

## Nutrition Facts

### Amount Per Serving

**Calories** 869 Calories from Fat: 466

### % Daily Values\*

<b>Total Fat</b> 54g	82%
Saturated Fat 33g	165%
<b>Cholesterol</b> 167mg	56%
<b>Sodium</b> 623mg	26%
<b>Total Carbohydrates</b> 86g	29%
Dietary Fiber 1g	3%
<b>Protein</b> 18g	
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<b>Vitamin A</b>	47%
<b>Vitamin C</b>	106%
<b>Calcium</b>	68%
<b>Iron</b>	3%

\* Percent Daily Values are based on a 2000 calorie diet.